



Toddler Tracks Online Autism Resources

November 18, 2021



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Celebrating the Power of Rural!

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#powerofrural

National Rural Health Day

Celebrating the Power of Rural!



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IT'S NOT JUST A DAY, IT'S A MOVEMENT.

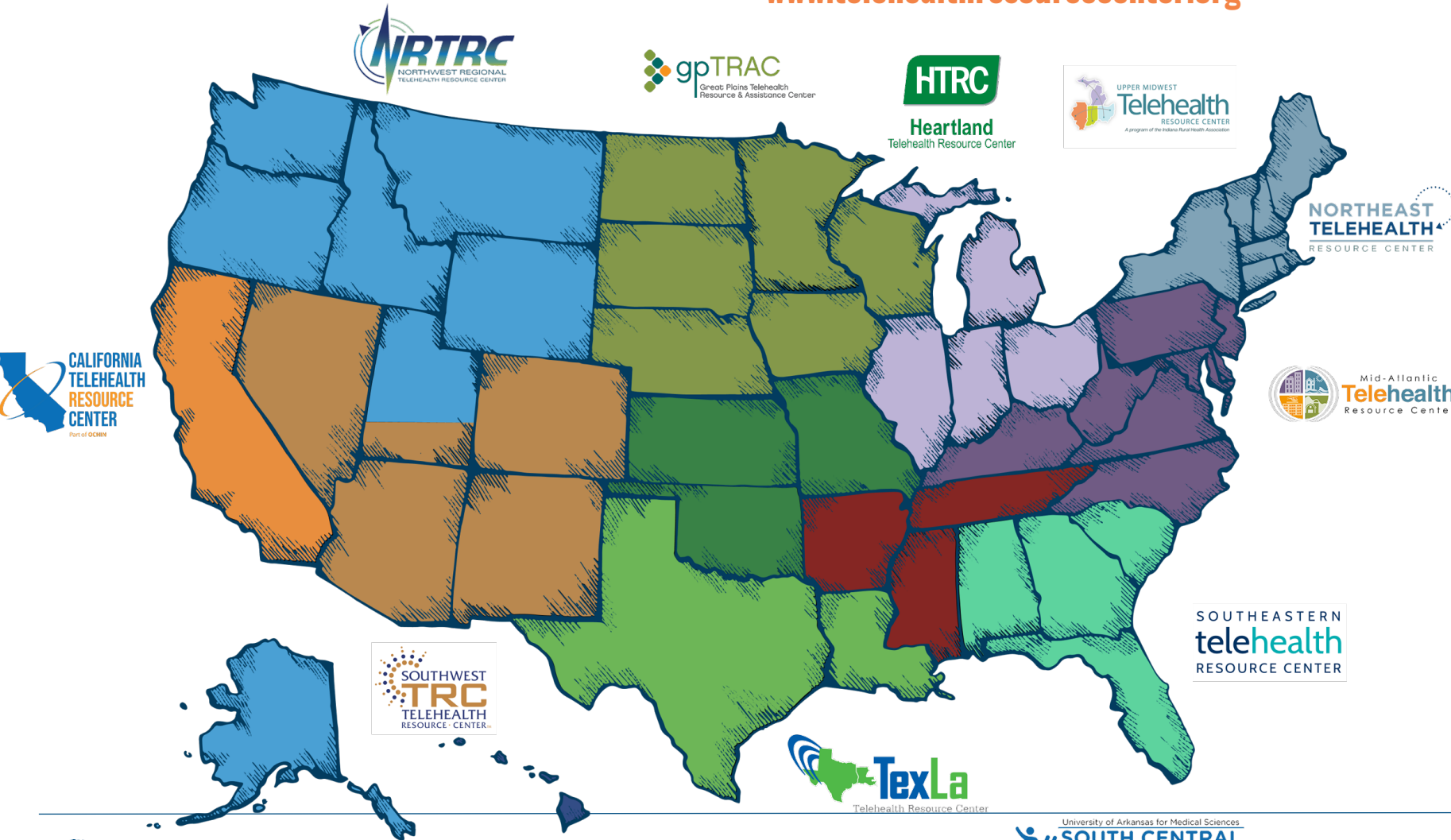
Resolve ▪ Resiliency ▪ Readiness ▪ Relationships



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 TTAC TelehealthTechnology.org	 CCHP
2 NATIONAL RESOURCE CENTERS	



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Webinar Tips and Notes

- Your phone &/or computer microphone has been muted.
- If we do not reach your question, please contact your regional TRC. There may be delays in response time:
<https://telehealthresourcecenter.org/contact-us/>
- Please fill out the post-webinar survey.
- Closed Captioning is available.
- Please submit your questions using the Q&A function.
- The webinar is being **recorded**.
- Recordings will be posted to our YouTube Channel:
<https://www.youtube.com/c/nctrc>



Speaker Introduction

Boyd Mark
Program Manager, SETRC





Toddler Tracks

Pathways to Tackling Autism



CARES Grant #GA5RH37460

National Rural Health Day

Celebrating the Power of Rural!



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CELEBRATING THE POWER OF RURAL

National Rural Health Day

The National Organization of State Offices of Rural Health sets aside the third Thursday of every November to celebrate National Rural Health Day.

National Rural Health Day (NRHD) is an opportunity to “Celebrate the Power of Rural” by honoring the selfless, community-minded spirit that prevails in rural America. NRHD showcases the efforts of rural healthcare providers, State Offices of Rural Health and other rural stakeholders to address the unique healthcare challenges that rural citizens face today and into the future.



The Need for Action

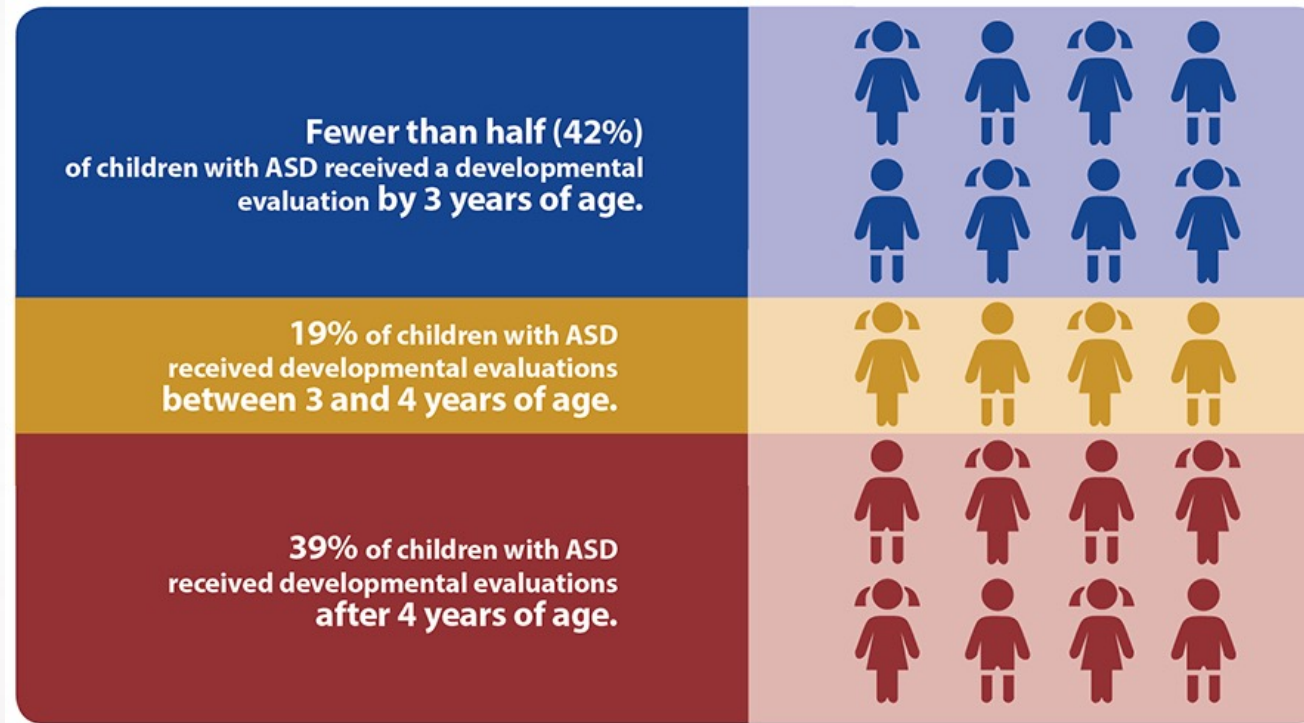
85%
had concerns
about
development
by 3 years of age



- At 1 in 54 children, autism has reached epidemic proportions. Boys are 4x more likely than girls to have autism (CDC)
- Symptoms typically appear by 24 months and are often accompanied with co-occurring medical conditions and intellectual disabilities (CDC)
- Intervention between 24 months to 5 years of age can dramatically reduce the symptoms of autism (CDC)



The Need for Action



The AAP estimates that less than 50% of children with an ASD diagnosis have access to care

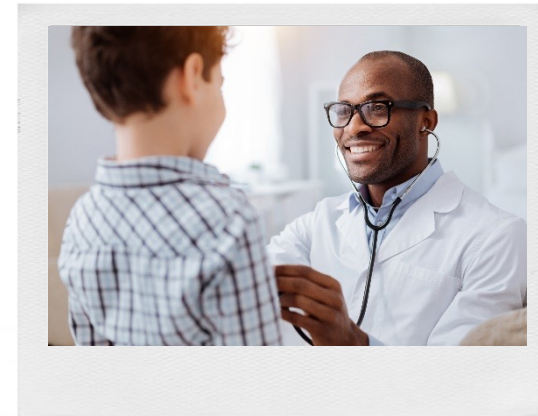
Family Impacts

- Parents of children with autism experience increased stress, mental, and physical health problems
- Mothers earn an average of 56% less than the mothers of children with no health limitation (NIH)
- Nearly 60% of parents of a child with autism took a leave of absence from work within the past year (NIH)
- Siblings cope with feelings of embarrassment and difficulty interacting with their brother or sister



A Shortage of Providers

- Current capacity of Applied Behavior Analytic (ABA) therapists meets less than 50% of demand (BACB)
- 60% of all U.S. counties and 80% of rural counties do not have a single psychiatrist (AMA)
- 61% of rural counties lack a psychologist and 91% lack a psychiatric NP (AMA)
- The Association of American Medical Colleges estimates a shortage of between 50K and 100K physicians by 2034, both primary and specialty care



Telehealth: Effective and Efficient

- Telemedicine-based treatment can have equivalent outcomes as clinic-based and in-home services (AAP)
- Equivalent outcomes can be provided at significantly reduced costs (Univ. of Iowa)
- The **Triple Aim** is achieved: improved patient satisfaction, population health, and reduced per capita cost – plus, reduced provider burnout and enhanced safety



Toddler Tracks

Pathways to Tackling Autism

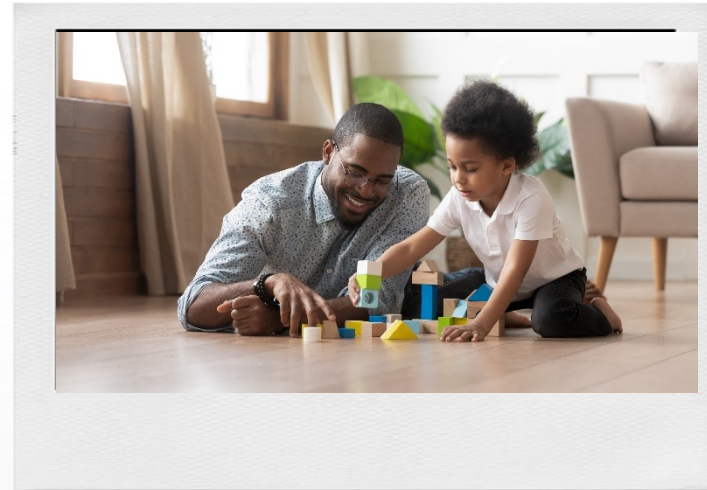


CARES Act Grant #GA5RH37460

Toddler Tracks for Parents

Online training for parents whose children have been identified as at risk for autism. All materials are empirically verified, evidence-based strategies:

- The Importance of Developmental Milestones
- Monitoring and Surveillance of Milestones
- Health Parenting Skills
- The ABCs of Behavior
- Enrichment Exercises and Daily Living Skills
- Parent Interviews
- Tools and Resources



Patrece Video

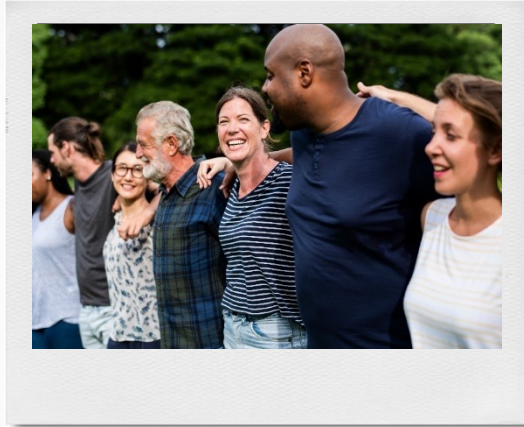
Toddler Tracks for Clinicians

- Assessment and diagnostic education
- Telehealth diagnostic and treatment options
- Behavioral Health Integration information
- How to advise and counsel parents
- Parent Training Program
- Parent interviews



Dr. Kelley Video

Ambassadors



Support the Toddler Tracks program by reaching out to organizations and professionals in their community

Community Health Clubs



Peer-to-peer support via the formation of facilitated health clubs consisting of health care workers that meet regularly to educate about a specific health care issue.

Rena Video



Toddler Tracks.org

Thank You!

Boyd Mark

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Our Next Webinar

The NCTRC Webinar Series

Occurs 3rd Thursday of every month.

Telehealth Topic: TBD

Hosting TRC: Center for Connected Health Policy

Date: January 20, 2022

Times: 11 AM – 12 PM (PT)

***Please check the NCTRC website for more information on the upcoming webinar.**



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