

# Remote Patient Monitoring

Remote Patient Monitoring (RPM) is the ability to monitor certain aspects of a patient's health from their own home. As telehealth has continued to grow in popularity, RPM services have become more popular for service delivery. RPM allows for providers to manage acute and chronic conditions, all while reducing patient travel costs and infection risks.



## Common Uses of RPM:

*These are some of the common uses of RPM; this list is not exhaustive.*

- High Blood Pressure
- Diabetes
- Weight Loss or Gain
- Heart Conditions
- Chronic Obstructive Pulmonary Disease
- Sleep Apnea
- Asthma

## RPM Technology Tools:

*These pieces of technology can be used for RPM service delivery.*

- Weight Scales
- Pulse Oximeters
- Blood Glucose Meters
- Blood Pressure Monitors
- Heart Monitors
- Fetal Monitors
- Apnea Monitors
- Breathing Apparatuses

## Important RPM Definitions:

*Useful terms for implementation*

- **Remote Patient Monitoring** - subcategory of homecare telehealth that allows patients to use mobile medical devices to gather patient generated health data and relay it to healthcare professionals.
- **Telehealth** - provision of healthcare remotely by means of telecommunications technology.
- **Distant Site** - telemedicine site where medical provider is located.
- **Originating Site** - telemedicine site where patient is located with the technology.

## State Billing Guidelines:

*These are subject to change; please be sure to check with your state billing guidelines to clarify.*

- Congestive Heart Failure
- Diabetes
- COPD

INDIANA

- Home Uterine Monitoring

ILLINOIS

- 99453, 99454, 99457, and 99458 are listed as a covered telehealth service.
- Covered non-FQHC/RHC service under the clinic provider type 50.

OHIO

- Covered for both Acute & Chronic Conditions

MICHIGAN

## Online Resources:

*Please utilize these resources to help answer any additional questions you may have.*

- [Preparing Patients for RPM](#)
- [Helpful RPM Definitions](#)

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